

Lampiran

Questionnaires item of foreign language anxiety

STATEMENTS	A	O	S	R	N
1. I never feel quite sure of myself when I am speaking in my foreign language class.					
2. I don't worry about making mistakes in language class.					
3. I tremble when I know that I'm going to be called on in language class.					
4. It frightens me when I don't understand what the teacher is saying in the foreign language.					
5. It wouldn't bother me at all to take more foreign language classes.					
6. During language class, I find myself thinking about things that have nothing to do with the course.					
7. I keep thinking that the other students are better at languages than I am.					
8. I am usually at ease during tests in my language class.					
9. I start to panic when I have to speak without preparation in language class.					
10. I worry about the consequences of failing my foreign language class					
11. I don't understand why some people get so upset over foreign language classes.					
12. In language class, I can get so nervous I forget things I know.					

13. It embarrasses me to volunteer answers in my language class.					
14. I would not be nervous speaking in the foreign language with native speakers					
15. I get upset when I don't understand what the teacher is correcting.					
16. Even if I am well prepared for language class, I feel anxious about it					
17. I often feel like not going to my language class.					
18. I feel confident when I speak in foreign language class.					



19. I am afraid that my language teacher is ready to correct every mistake I					
20. I can feel my heart pounding when I'm going to be called on in language class					
21. The more I study for a language test, the more confused I get.					
22. I don't feel pressure to prepare very well for language class.					
23. I always feel that other students speak the foreign language better than I do.					
24. I feel very self-conscious about speaking the foreign language in front of other students.					
25. Language class moves so quickly I worry about getting left behind.					
26. I feel more tense and nervous in my language class than in my other classes.					
27. I get nervous and confused when I am speaking in my language class.					
28. When I'm on my way to language class, I feel very sure and relaxed.					
29. I get nervous when I don't understand every word the language teacher says.					
30. I feel overwhelmed by the number of rules you have to learn to speak a foreign language.					
31. I am afraid that the other students will laugh at me when I speak the foreign language					
32. I would probably feel comfortable around native speakers of the foreign language.					

33. I get nervous when the language teacher asks questions which I haven't prepared in advance.					
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Student's Scoring and categorizing

Respondent	Questionnaire Number																	Total Score	Level of Anxiety
1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	103	Mildly Anxious
	2	2	3	2	2	3	4	2	3	2	2	4	3	4	2	4	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	3	2	2	4	3	4	3	4	4	3	2	3	4	4	3	4			
2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	109	mildly Anxious
	2	2	3	2	4	4	4	4	4	4	2	2	3	4	1	3	4		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	4	4	3	3	4	3	4	3	4	2	4	4	4	4	4			
3	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	100	mildly Anxious
	2	2	2	3	2	4	2	3	2	2	2	4	5	2	4	4	3		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	5	4	5	2	3	3	3	3	3	4	4	4	4	3	4			
4	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	101	Mildly Anxious
	3	4	3	4	2	2	3	2	4	3	3	3	3	2	2	4	4		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	3	3	2	2	2	4	3	4	3	3	3	4	3	4	3	4			

5	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	91	Mildly Anxious
	2	2	2	3	2	4	3	2	1	2	1	3	4	4	2	4	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	5	4	3	2	2	4	2	1	3	1	3	5	1	5	3			
6	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	151	Anxious
	4	4	5	4	1	3	5	3	5	5	1	4	3	4	3	4	3		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	4	3	3	3	4	4	3	4	4	4	3	4	5	3	5			
7	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	103	Mildly



	3	2	2	3	2	2	4	3	4	3	3	4	1	4	4	3			Anxious
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	1	3	4	4	3	2	4	2	4	3	5	4	3	4	4	4			
8	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		
	1	2	2	4	1	2	2	2	3	2	3	2	2	4	2	2	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33		73	Relaxed
	1	3	2	2	3	2	2	3	2	2	1	3	2	2	4	4			
9	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		
	3	4	3	4	1	2	4	3	4	2	4	2	2	3	1	3	1		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33		82	Relaxed
	3	2	3	3	2	2	4	3	1	3	1	1	2	1	3	3			
10	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		
	3	1	2	5	2	2	2	3	4	4	1	2	1	4	1	3	1		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33		87	Mildly Anxious
	2	5	3	2	4	2	1	2	2	3	4	3	2	3	5	3			
11	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		
	1	2	3	2	2	2	2	1	3	1	2	2	2	3	2	1	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33		73	Relaxed
	2	3	4	2	2	2	2	4	3	2	2	3	4	1	2	2			
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		
	3	3	3	2	2	2	3	3	2	4	4	5	2	4	1	1	1		

12	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33		83	Relaxed
	3	1	3	3	2	3	2	1	1	3	1	3	3	2	4	3			
13	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	79	Relaxed
	2	5	4	5	2	2	1	1	4	3	2	4	2	1	1	3	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	2	2	4	3	1	1	2	3	2	2	2	3	2	3	2	1			
14	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	68	Relaxed
	2	4	4	1	1	1	2	2	3	2	4	1	3	2	1	2	1		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	1	2	1	1	2	2	2	5	1	3	2	2	2	2	3	1			
15	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	113	Anxious
	1	3	4	5	4	3	4	4	5	5	3	2	4	4	2	4	3		



	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	3	3	2	3	4	4	3	4	4	1	4	3	4	4	3			
16	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	119	Anxious
	3	4	5	4	4	4	3	4	4	5	2	3	4	4	3	3	3		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	4	5	2	3	4	5	3	2	5	2	5	3	3	2	5			
17	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	89	Mildly Anxious
	4	4	2	2	3	2	3	4	2	2	4	2	2	3	2	2	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	3	3	2	2	3	3	2	3	2	2	3	3	3	3	4	3			
18	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	90	Mildly Anxious
	2	4	2	3	2	1	2	2	2	3	2	4	2	4	3	2	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	3	3	2	2	2	2	4	3	4	4	4	3	2	2	4			
19	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	101	Mildly Anxious
	4	4	3	3	3	3	4	3	3	3	3	2	3	3	3	2	1		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	3	2	3	3	4	4	4	1	3	3	3	3	4	3	4			
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		

20	3	1	3	3	3	3	3	3	3	1	1	3	3	1	3	4	3	3	95	Mildly Anxious
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33				
	5	3	3	3	3	3	3	4	3	3	3	3	3	3	3	3				

21	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	70	Relaxed
	2	2	3	4	1	2	2	2	3	2	3	2	2	2	1	3	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	2	2	2	1	1	2	2	2	2	2	2	3	2	1	3	3			

22	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	72	Relaxed
	2	2	3	4	1	2	2	2	3	2	3	2	2	2	1	3	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	2	2	2	1	1	2	2	2	2	2	2	3	2	1	3	3			

23	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	86	Relaxed
	2	4	4	4	2	4	4	2	4	2	2	4	4	4	2	2	4		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	2	4	4	2	4	4	4	4	4	4	4	4	4	2	4			

24	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	105	Mildly Anxious
	4	2	3	3	2	3	3	2	4	5	4	5	3	2	4	2	1		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	3	3	2	2	4	3	5	4	3	2	5	4	4	2	3			

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		Mildly
	5	1	4	4	1	4	4	1	5	5	2	5	3	2	4	2	1		

25	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33		104	Anxious
	2	3	3	2	2	4	3	5	4	3	2	5	4	4	2	3			



26	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	95	Mildly Anxious
	3	1	3	3	3	3	3	3	1	1	3	3	1	3	4	3	3		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	5	3	3	3	3	3	3	4	3	3	3	3	3	3	3	3			
27	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	70	Relaxed
	2	2	3	4	1	2	2	2	3	2	3	2	2	2	1	3	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	2	2	2	1	1	2	2	2	2	2	2	3	2	1	3	3			
28	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	72	Relaxed
	2	2	3	4	1	2	2	2	3	2	3	2	2	2	1	3	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	2	2	2	1	1	2	2	2	2	2	2	3	2	1	3	3			
29	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	86	Relaxed
	2	4	4	4	2	4	4	2	4	2	2	4	4	4	2	2	4		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			

	4	2	4	4	2	4	4	4	4	4	4	4	4	4	2	4			
30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	105	Mildly Anxious
	4	2	3	3	2	3	3	2	4	5	4	5	3	2	4	2	1		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	4	3	3	2	2	4	3	5	4	3	2	5	4	4	2	3			
31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	104	Mildly Anxious
	5	1	4	4	1	4	4	1	5	5	2	5	3	2	4	2	1		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	2	3	3	2	2	4	3	5	4	3	2	5	4	4	2	3			
32	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	95	Mildly Anxious
	3	1	3	3	3	3	3	3	1	1	3	3	1	3	4	3	3		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	5	3	3	3	3	3	3	4	3	3	3	3	3	3	3	3			
33	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	70	Relaxed
	2	2	3	4	1	2	2	2	3	2	3	2	2	2	1	3	2		
	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
	2	2	2	1	1	2	2	2	2	2	2	3	2	1	3	3			

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		
	2	2	3	4	1	2	2	2	3	2	3	2	2	2	1	3	2		
34	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33		72	Relaxed
	2	2	2	1	1	2	2	2	2	2	2	3	2	1	3	3			



TRANSKIP INTERVIW SISWA

Penulis	Bagaimana menurut kamu ketika guru menyuruh kamu kedepan kelas berbicara bahasa inggris?
5 Partisipant	kalau disuruh maju kedepan, biasanya sampai keluar keringat di seluruh tubuh. Nah itu bikin tambah malu lagi, tambah panik. Takut salah kalau maju ke depan, apalagi bahasa Inggris saya juga kurang lancar.
Penulis	Hal apa saja yang mengganggu kamu di kelas bahasa Inggris?
Participant 6	Kadang-kadang toh dari faktor gurunya, biasanya kalau menjelaskan tidak bagus, kurang paham. Jadinya toh merasa gelisah, kurang bagus rasanya
Penulis	Hal apa saja yang paling mengganggu kamu pada saat belajar di kelas?
Partisipant 7	Terkadang itu guru cuma kasih pertanyaan terus tapi tidak dibantu , sengaja dikasih pertanyaan bisa atau tidak. terkadang juga gurunya marah jadi tidak bagus.
Penulis	Menurut kamu bagaimana reaksi orang-orang sekitar kamu

	ketika kamu salah?
Participant 8	kadang-kadang itu kalau reaksi teman-teman itu suka sekali menertawakan, jadi itu yang bikin tidak percaya diri, biasanya itu kadang- kadang ditertawakan juga, bikin malu jadinya. Kalau gurunya ya kadang- kadang gitu, senyum-senyum kaya tidak enak hati
Penulis	Menurut kamu sendiri mengapa kamu begitu cemas pada saat belajar bahasa Inggris?
Participant 9	Enggak bisa bahasa Inggris, karena merasa teman-teman itu lebih pintar dari pada kita. Terus kita juga belum terlalu bisa bahasa Indonesia dijadikan bahasa Inggris, masih kosakatanya masih belum banyak.
Penulis	Menurut kamu apa yang membuat kamu begitu cemas ketika belajar bahasa inggris?
Participant 10	Hmm kalau maju ke depan sudah ada persiapannya tidak cemas kecuali kalau tidak ada persiapannya, cemas. Kalau sudah ada persiapannya itu yah bisa - bisa saja, pede-pede saja













UNIVERSITAS QUALITY BERASTAGI
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN

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NOTA TUGAS

Nomor : 0608/NT/FKIP/UQB/IV/2022

Dekan Fakultas keguruan dan Ilmu Pendidikan Universitas Quality Menunjuk / Menugaskan
Saudari:

Nama : Friscilla Sembiring S.Pd. M.Pd
NIDN : 0103039201

Menjadi Dosen Pembimbing I Skripsi Mahasiswa:

Nama : Novy Ade Syahputri
NPM : 1815020012

Programstudi : Pendidikan Bahasa Inggris
Judulskripsi : Students' Anxiety in Learning English (Study Case at MAN Karo

Atas Perhatian dan kerjasama yang baik sebelumnya diucapkan terimakasih.

Berastagi, 18 April 2022
Dekan

Drs. Sejahtra. M.Pd
NIP: 19660917 199303 1 002

Tembusan:

1. Yth. Rektor Universitas Quality
2. Yth. Ka. Prodi.P.Bing
3. Yth. Dosen yang bersangkutan untuk dilaksanakan
4. Arsip



UNIVERSITAS QUALITY BERASTAGI
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NOTA TUGAS

Nomor: 0608/NT/FKIP/UQB/IV/2022

Dekan Fakultas keguruan dan Ilmu Pendidikan Universitas Quality Menunjuk / Menugaskan
Saudari:

Nama : Alfina Gustiany Siregar S.S. M.Hum.
NIDN : 0129088703

Menjadi Dosen Pembimbing II Skripsi Mahasiswa:

Nama : Novy Ade Syahputri
NPM : 1815020012
Programstudi : Pendidikan Bahasa Inggris
Judulskripsi : Students' Anxiety in Learning English (Study Case at MAN Karo)

Atas Perhatian dan kerjasama yang baik sebelumnya diucapkan terimakasih.

Berastagi, 18 April 2022
Dekan

Drs. Sejahtra, M.Pd
NIP: 19660917 199303 1 002

Tembusan:

1. Yth. Rektor Universitas Quality
2. Yth. Ka. Prodi.P.Bing
3. Yth. Dosen yang bersangkutan untuk dilaksanakan
4. Arsip