

ABSTRAK

Fitra Geovani Tarigan, NPM 1815030002. Penggunaan Metode Bermain Dalam Meningkatkan Hasil Belajar Passing Atas Bola Voli Siswa Kelas Xi Ips 3 SMA Katolik 1 Kabanjahe Tahun Ajaran 2021/2022. Skripsi. Jurusan Pendidikan olahraga. Fakultas Keguruan dan Ilmu Pendidikan, Universitas Quality Berastagi 2021.

Penelitian ini bertujuan untuk mengetahui pelaksanaan dan peningkatan hasil belajar siswa dengan menggunakan metode bermain mata pelajaran olahraga dengan materi bola volid di kelas xl ips 3 SMA katolik 1 kabanjahe tahun ajaran 2021/2022. Jenis penelitian ini adalah tindakan kelas (PTK).

Penelitian dilaksanakan di SMA katolik 1 kabanjahe dengan penelitian tindakan kelas. Subjek penelitian siswa kelas xl ips 3 SMA katolik 1 kabanjahe, dengan jumlah siswa 35 orang dan objek penelitian penggunaan metode bermain pada mata pelajaran olahraga. Teknik pengumpulan data yang digunakan observasi dan tes.

Hasil analisis observasi aktivitas guru (60,3) dan siswa (62,5) pada siklus I masih cukup. Siswa yang tuntas individu sebanyak 24 siswa dan 11 siswa yang belum tuntas dengan nilai rata-rata siswa 72,14. Presentase klasikal sebesar 65%, sehingga siklus I belum dinyatakan tuntas secara klasikal. Pada siklus II, hasil analisis observasi aktivitas guru memperoleh nilai baik dengan nilai (71,3) meningkat (11%), sedangkan observasi aktivitas siswa memperoleh nilai baik dengan nilai (75%) meningkat (12,5%). Siswa yang tuntas individu sebanyak 30 siswa dan yang tidak tuntas sebanyak 5 siswa dengan nilai rata-rata (80,23) meningkat (8,09%). Persentase ketuntasan klasikal sebesar 85% dan meningkat (20%). Sehingga siklus II dinyatakan tuntas secara klasikal.

Berdasarkan hasil analisis data dapat disimpulkan bahwa pelaksanaan pembelajaran berkategori baik dan hasil belajar siswa telah meningkat dan tuntas secara klasikal dengan menggunakan metode bermain pada mata pelajaran olahraga di kelas xl ips 3 SMA katolik 1 kabanjahe.

Kata kunci: Hasil Belajar Siswa, Metode Bermain

ABSTRACT

Fitra Geovani Tarigan, NPM 1815030002. The Use of Playing Methods in Improving Learning Outcomes of Passing Volleyball for Students of Class Xi Ips 3 Catholic High School 1 Kaban Jahe Academic Year 2021/2022. Thesis. Sports Education Department. Faculty of Teacher Training and Education, Quality Berastagi University 2021.

This study aims to determine the implementation and improvement of student learning outcomes using the method of playing sports subjects with volleyball material in class XI IPS 3 SMA Catholic 1 Kabanjahe in the 2021/2022 academic year. This type of research is classroom action (CAR).

The research was conducted at the Catholic High School 1 Kabanjahe with classroom action research. The research subjects were students of class xl ips 3 catholic high school 1 kabanjahe, with a total of 35 students and the object of research was the use of playing methods in sports subjects. Data collection techniques used were observation and tests.

The results of the analysis of the observations of the activities of teachers (60.3) and students (62.5) in the first cycle were still sufficient. There were 24 students who completed individually and 11 students who had not completed with an average student score of 72.14. The classical percentage is 65%, so the first cycle has not been declared classically complete. In the second cycle, the results of the analysis of teacher activity observations obtained good scores with an increasing value (71.3) (11%), while student activity observations obtained good scores with an increasing value (75%) (12.5%). There were 30 students who completed individually and 5 students who did not complete with an average score (80.23) increased (8.09%). The percentage of classical completeness is 85% and increasing (20%). So that the second cycle is declared classically complete.

Based on the results of data analysis, it can be concluded that the implementation of learning is categorized as good and student learning outcomes have improved and completed classically by using the method of playing on sports subjects in class XI IPS 3 SMA Catholic 1 Kabanjahe.

Keywords : student learning , outcomes playing method