

## ABSTRAK

**Ginta Atmaja Ginting, NPM 1815030006 : “Upaya Meningkatkan Hasil Belajar Siswa Pada Mata Pelajaran PJOK Pokok Bahasan Renang Gaya Dada Dengan Menggunakan Metode *Learning by doing* Di Kelas VIII SMP Swasta Oraet Labora Kabanjahe Tahun Pelajaran 2021/2022”.**

Jenis Penelitian yaitu penelitian tindakan kelas (PTK) dengan menggunakan metode *learning by doing*. Penelitian ini bertujuan untuk pelaksanaan pembelajaran, ketuntasan belajar, serta peningkatan hasil belajar siswa melalui metode *learning by doing* di Kelas VIII SMP Swasta Oraet Labora Kabanjahe Tahun Pelajaran 2021/2022. Penelitian ini dilaksanakan di SMP Swasta Oraet Labora Kabanjahe. Subjek penelitian ini adalah siswa kelas VIII SMP Swasta Oraet Labora Kabanjahe yang berjumlah 20 orang siswa. Objek dalam penelitian ini adalah penggunaan metode *learning by doing* di kelas VIII SMP Swasta Oraet Labora Kabanjahe Tahun Pembelajaran 2021/2022. Pengumpulan data yang digunakan adalah lembar observasi guru, aktivitas siswa dan tes renang gaya dada. Teknik analisis data yang digunakan adalah rumus pelaksanaan pembelajaran aktivitas guru dan siswa, dan hasil belajar yang terdiri dari ketuntasan belajar individu, ketuntasan klasikal, dan rata-rata hasil belajar.

Penelitian ini dilakukan dengan dua siklus. Hasil akhir dari penelitian ini di peroleh deskripsi kegiatan observasi guru dan siswa berkriteria baik karena deskripsi kegiatan guru mencapai 80.5 %, sedangkan deskripsi kegiatan observasi siswa mencapai 86 serta yang tuntas secara individu 17, secara klasiskal 85% dan rata-rata 87. Dengan demikian hasil analisis data diatas dapat disimpulkan bahwa dengan penggunaan metode *learning by doing* dapat meningkatkan hasil belajar siswa pada mata pelajaran PJOK pokok bahasan renang gaya dada di kelas VIII SMP Swasta Oraet Labora Kabanjahe Tahun Pelajaran 2021/2022

**Kata Kunci : Pembelajaran, Hasil belajar, Metode Learning by doing.**

QUALITY  
BERASTAGI

## ABSTRACT

**Ginta Atmaja Ginting, NPM 1815030006: "Efforts to Improve Student Learning Outcomes in Main PJOK Subjects in Breaststroke Swimming Using the Learning by Doing Method in Class VIII of Oraet Labora Kabanjahe Private Junior High School in the Academic Year 2021/2022".**

The type of research is classroom action research (CAR) using the learning by doing method. This study aims to implement learning, complete learning, and increase student learning outcomes through the learning by doing method in Class VIII of Oraet Labora Kabanjahe Private Junior High School in the 2021/2022 Academic Year. This research was conducted at Oraet Labora Kabanjahe Private Junior High School. The subjects of this study were students of class VIII SMP Private Oraet Labora Kabanjahe, totaling 20 students. The object of this research is the use of the learning by doing method in class VIII of the Oraet Labora Kabanjahe Private Junior High School in the 2021/2022 academic year. The data collection used is the teacher's observation sheet, student activities and breaststroke swimming test. The data analysis technique used is the formula for implementing the learning activities of teachers and students, and learning outcomes consisting of individual learning mastery, classical mastery, and average learning outcomes. .

This research was conducted in two cycles. The final result of this study obtained a description of teacher and student observation activities with good criteria because the description of teacher activities reached 80.5%, while the description of student observation activities reached 86 and those who completed individually 17, classically 85% and an average of 87. Thus the results From the analysis of the data above, it can be concluded that the use of the learning by doing method can improve student learning outcomes in PJOK subjects, the subject of breaststroke swimming in class VIII of Oraet Labora Kabanjahe Private Junior High School in the 2021/2022 Academic Year.

**Keywords: Learning, learning outcomes, Learning by doing method.**