ABSTRAK

CHRISTOPER AEMBIRING NPM : 1915030018 UPAYA MENINGKATKAN HASIL BELAJAR PASSING BAWAH BOLA VOLI MELALUI PENDEKATAN BERMAIN DENGAN SISWAKELAS XI SMA NEGERI 1 MUNTHE T.A 2022/2023

Penelitian ini bertujuan untuk mengetahui bagaimana peningkatan hasil belajar *passing* Bawah bola voli melalui Pendekatan bermain pada siswa kelas XI SMA Negeri 1 Munte T.A 2022/2023. Waktu penelitian dilaksanakan pada bulan Mei 2022.

Dari hasil analisis diperoleh hasil observasi pelaksanaan pembelajaran aktivitas guru pada sikklus I 56% dan pada siklus II 80%, Aktifitas siswa pada siklus I diperoleh 68% dan pada siklus II 82%.

Berdasarkan hasil belajar siswa pada siklus I hasil belajar dapat dilihat bahwa kemampuan awal siswa dalam melakukan teknik *passing* bawah masih rendah. Dari 30 orang siswa terdapat 10 orang (33,33%) yang telah mencapai ketuntasan belajar, sedangkan 20 orang (66,6%) belum mencapai ketuntasan belajar. Dengan nilai rata-rata hasil belajar siswa adalah 65. Sedangkan pada siklus II dapat dilihat bahwa kemampuan siswa dalam melakukan tes hasil belajar secara klasikal sudah meningkat. Dari 30 orang siswa terdapat 26 orang (86,66%) yang telah mencapai ketuntasan belajar, sedangkan 4 orang (13,14%) belum mencapai ketuntasan belajar. Dengan nilai rata-rata hasil belajar siswa adalah 76,04.

Berdasarkan hal ini maka dapat ditarik kesimpulan bahwa pelaksanaan pembelajaran berkategori baik dan hasil belajar siswa meningkat setelah menggunakan pendekatan bermain pada siswa kelas XI SMA Negeri 1 Munte T.A 2022/2023.

KATA KUNCI : Hasil belajar, *Passing* bawah , Pendekatan bermain.

ABSTRACT

CHRISTOPER AEMBIRING NPM : 1915030018 EFFORTS TO IMPROVE UNDER PASSING OUTCOMES IN VOLLEYBALL THROUGH A PLAY APPROACH WITH STUDENTS IN CLASS XI SMA NEGERI 1 MUNTHE
T.A 2022/2023

This study aims to find out how to increase learning outcomes in volleyball underhand passing through a playing approach in class XI students of SMA Negeri 1 Munte T.A 2022/2023. The time of the research was carried out in May 2022.

From the results of the analysis, it was obtained that the results of observations of the implementation of teacher learning activities in cycle I were 56% and in cycle II 80%, student activities in cycle I obtained 68% and in cycle II 82%.

Based on the results of student learning in the first cycle of learning outcomes, it can be seen that the students' initial ability to perform the bottom passing technique is still low. Of the 30 students, there were 10 students (33.33%) who had achieved learning mastery, while 20 students (66.6%) had not achieved learning mastery. With an average score of student learning outcomes is 65. While in cycle II it can be seen that the ability of students to carry out classical learning outcomes tests has increased. Of the 30 students, there were 26 students (86.66%) who had achieved learning mastery, while 4 students (13.14%) had not achieved learning mastery. With an average score of student learning outcomes is 76.04.

Based on this, it can be concluded that the implementation of learning is in a good category and student learning outcomes increase after using the play approach in class XI students of SMA Negeri 1 Munte T.A 2022/2023.

KEY WORDS: Learning outcomes, Passing down, Approach to playing.